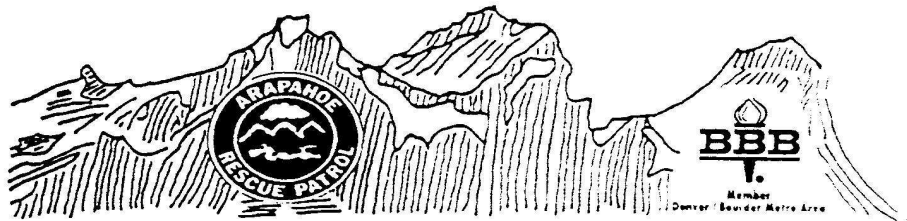


# BULLETIN

of the

Arapahoe Rescue Patrol, Inc.  
5852 South Malaya Ct.  
Centennial, CO 80015



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## It's that time again... RECRUITING!

The 2008 ARP recruiting drive is in full swing. This year we are calling on everyone to help us bring on a new class full of talent, leadership and experience. We need the help of members, graduates, former members and parents to help out with the drive this year. Send people to our new website at [www.arapahoerescue.org](http://www.arapahoerescue.org), set up civic talks and demonstrations, make contacts with your friends at school or at work. What ever it takes, we're striving for a large class this year. This year, we'll be hosting two separate nights for recruiting that anyone with questions about the patrol are urged to attend. These meetings will be held on:

- > **Wednesday April 2, 2008 at ARP Patrol Headquarters/Littleton Fire Stn. 12 – 6529 South Broadway in Littleton**
- > **Tuesday April 8, 2008 at ARP Patrol Headquarters/Littleton Fire Stn. 12 – 6529 South Broadway in Littleton**

We are also available for any questions via email: [apply@arapahoerescue.com](mailto:apply@arapahoerescue.com)

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### Arapahoe Rescue Patrol introduces our new website!

Check it out at [www.arapahoerescue.org](http://www.arapahoerescue.org). Our new website grows everyday. You'll find it more informational and more user friendly all while adding user functions that we've never had the ability to provide before. Some of the highlights include: a calendar that is the most up to date location for everyone to check on meeting and training status and the recruiting link that collects vital information about new prospects. We invite everyone to take a look at it and let us know if there are any suggestions on what we can improve or add.

### From Sgt. Parke

Sometimes as ARPs we have to tell people to do things that they would rather not do. The work that we do on the 4th of July at Cornerstone usually makes an excellent example of this. They want to park in the handicapped lot illegally, and you don't want them to. They want to go, you want them to stop

They want to get close to the fireworks, you want them to stay out of the danger zone.

It can be difficult to persuade people to obey, especially when they realize they're taking orders from someone half their age who is unarmed and unable to arrest or ticket them. Yes, we can always radio or call for someone who is armed and can arrest them, but it's usually best to try to defuse the situation yourself first. Dr. George Thompson, a former police officer, created the Verbal Judo Institute to help law enforcement officers defuse conflict and use words to obtain compliance. Here are some tips from him on how to effectively communicate when you're in a position of authority:

- > Avoid giving orders to people in front of family or friends if possible. They will likely get embarrassed and will be more prone to fight your directions.
- > Repeat back to people things they have said so they know you understand why they are upset. For example, if they're complaining about how they need to park in the handicapped lot because they sprained their ankle, it would be a good idea to say something like "I understand that your ankle hurts and you don't want to walk a longer distance, however..."
- > Always remain polite, professional, and calm. Although it's easy to avoid doing when you're dealing with someone who is being difficult, using phrases like "excuse me", "please" and "thank you" will get you much farther with them than being rude or overly-authoritative will. 2 wrongs don't make a right; when someone is being rude to you, it's best to be nice to them.
- > Explain rules to people. Don't just tell people that they can or must do something simply because "it's the rules"
- > Allow people to be upset and don't try to play down their emotions. They may not have the right to park in the handicapped lot, but they do have the right to be upset about it.

### From Director Adam Wade

On January 27th, Captain Merrick and I were participating in routine Driver's Training on Highway 285. About 10 miles West of Indian Hills, we came around a tight bend and saw a red Saturn with

substantial front end damage facing Eastbound in the Eastbound lane. I instructed Capt. Merrick to pull in front of the accident as I utilized the emergency lights to block traffic from the scene. Amazingly, no emergency care was required from Arapahoe Rescue, however, Capt. Merrick tried to keep the two victims comfortable and calm until the Fire Department arrived. Now, there are several reasons this story should serve as a good reminder to the rest of the team. Capt. Merrick (although without her pager!) did have her "A" pack with her to include the traffic vest she wore. Don't forget that the weather down here and the weather up in higher elevations can be completely different. There was a substantial amount of snow as we drove further west, some roads still covered. Also, be prepared for ANYTHING! Had the vehicle broken through the guard rail and tumbled down the embankment, you can bet we would have been much more involved. The driver had admitted to falling asleep while traveling Westbound on Hwy 285, when she awoke, she over-corrected, had 125' of skid as she crossed the centerline and into oncoming traffic. This was one of those RARE occasions from E-Care class in which there was HUGE mechanism of injury presented from the vehicle and guardrail. However, with seatbelts on both victims, an airbag and what maybe the luckiest day of their lives, they received only minor injuries. Take these lessons; be prepared for anything, think of the weather, don't drive when you are exhausted, and ALWAYS WEAR YOUR SEATBELTS.

### From Capt. Merrick

"No one can whistle a symphony. It takes a whole orchestra to play it." -H.E. Luccock.

I've seen some incredible displays of teamwork and individuality from everyone lately, especially during E-Care. Everyone helped each other study, learn the seemingly endless vocabulary, and make awesome progress. Each and every one of the team members is learning to really be a part of this team and to help each other move forward. Remember that we all rely on each other to contribute a piece of the puzzle. Continue to grow, ask questions, and take what you learn to heart. And, as always, don't be afraid to ask for help! Keep up the great work!

### New Promotions & Appointments

Lauren Parka has been promoted to the position of Sgt. She has already proven an extremely valuable asset to the officer staff.

Congratulations to Scott Case and David Chaffin, they have been appointed to Division Chiefs. Division Chief Case will be supervising the EMS program and the Patrol's equipment. Division Chief Chaffin will be in charge of training, compliance, and logistics.

### Calendar Dates

(Check the Website for the most current updates to the calendar.)

#### << February >>

- Tues. 5, Feb – Officers Meeting - 1800 @ HQ
- Thurs. 7, Feb – E-Care Continuing Ed. - 1900 @HQ
- Fri. 8, Feb – Officer Retreat (Chiefs and Command Staff only)– 1730 – TBD
- Sat. 9, Feb – Officer Retreat – 0800 @ TBA
- Sun. 10, Feb – Officer Retreat – 0800 @ TBA
- Tues. 12, Feb – PSU Meeting – 1900 @ HQ
- Sat. 16, Feb – Winter Overnight Field Training - 0730 @ HQ
- Sun. 17, Feb – Winter Overnight Field Training
- Wed. 20, Feb - General Meeting – 1900 @ HQ

#### << March >>

- Tues. 4, Mar – Officers Meeting – 1800 @ HQ
- Thurs. 6, Mar – E-Care Continuing Ed. - 1900 @ HQ
- Sat. 8, Mar – Fire Team Training – 0900 @ HQ
- Wed. 19, Mar - General Meeting – 1900 @ HQ
- Sat. 22, Mar – Field Training – 0730 @ HQ

#### << April >>

- Tues. 1, Apr – Officer Meeting – 1900 @ HQ
- Wed. 2, Apr – New Member Briefing – 1800 @ HQ
- Thur. 3, Apr – E-Care Continuing Ed. – 1900 @ HQ
- Tues. 8, Apr – New Member Briefing – 1800 @ HQ
- Sat. 12, Apr – Field Training – Parent Search – 0730 @ HQ
- Wed. 16, Apr – General – 1900 -- @ HQ
- Wed. 16, Apr – New Member Applications Due
- Thur. 17, Apr – BOD – 1900 -- @ HQ
- Sat. 19, Apr – Firearms Safety Training – 0900 @ HQ
- Tues. 22, Apr – Officer Meeting – 1800 @ HQ

#### << May >>

- Thur. 1, May – E-Care Continuing Ed. – 1900 @ HQ
- Tues. 6, May – Officer Meeting – 1900 @ HQ
- Sat. 17, May -- In-Town Basic – 0900 @ HQ
- REQUIRED FOR ALL NEW MEMBERS**
- Wed. 21, May – General – 1900 @ HQ
- Sat. 24, May -- Mission Coordination Class -- 0900 @ HQ

The difference between a successful person and others is not a lack of strength, not a lack of knowledge, but rather a lack in will.

**Vince Lombardi**

**Onions** – For extremely poor punctuation, sentence structure and the lack of spell check.

**Orchids** – For a truck that starts, even if it smokes a little.